

# GETTING ORGANISED BEFORE AN EMERGENCY



## Write down your medical information

Write down information about any medical conditions that you have, as well as emergency contact details for your medical providers and include this in your plan.

## Identify a next of kin

Your next of kin will be informed in case something serious happens to you. Tell your next of kin that you expect them to communicate with other members of your family, and friends.

## Make a financial plan

Emergencies can be costly. They can affect your job. Develop a financial plan that helps you deal with changed financial circumstances. Get and review insurance. Consider household, business and income protection insurance.

## Make a will

People die in emergencies. A will can bring peace of mind and reduce stress for loved ones, should the unforeseen happen.

## Plan for your pets/stock

Write down how you will manage your pets/stock in the event of an emergency.

## Protect the things you can't replace

Write a list of items that can't easily be replaced and jot down in your plan how you plan to protect these things in an emergency. Write down your emergency plan

## Identify a power of attorney

You need to identify who you want to have enduring power of attorney should you find yourself in circumstances that will need someone to make decisions for you. Review and practise your plan annually and keep it in an easy to find place.

## Packing for an Emergency

There are two types of items you should think about:

- Survival items – things that will help if you have to evacuate your home quickly or if you have to stay in your home when essential services have been cut off.
- Recovery items – things that will help limit the disruption to your life after the emergency has passed. These will be much more personal to your own needs and situation.